



Welcome to the Weekly In"FRO" mation Blast brought to you by your Unit & Family Readiness Team. Get on-base, unit and local community happenings, important information / announcements. This is for planning and informational purposes only and are subject to change without notice.





# **Stay Connected:**



(Click on the icons & get started TODAY!)

## 25 Jan (Fri)

- ~ Base Movie: <u>This is 40</u>; Rated: R @ **1900**.
- ~ Monthly "FRO" Volunteer Mtg; 1130 @ Hong Kong Café.

  Open to "ALL" spouses of Active Duty/Retiree personnel working on MCLBA!
- ~ <u>Nights@Dtown Live Music/Food</u>; **2000** @ Historic Silvers Bldg (114 N Washington) \*\* Adults Only \*\*

## 26 Jan (Sat)

- ~ Base Movie: Parental Guidance Rated: PG @ 1900.
- ~ 5k Nun Run; 0800 @ St. Theresa's Parrish (417 Edgewood Ln). Reg. on active.com
- ~ Rumble in the Theatre; 1900 @ Albany State Theatre. There is a Fee.
- ~ Mission Change: Backpack Blessings Food Drive; **0900** @ 308 Flint Avenue.

# 28 Jan (Mon)

~ "MCX Gas pumps, ITT closed!

# 30 Jan (Wed)

~ Base Movie: <u>This is 40</u>; Rated: R @ **1900**.

# 31 Jan (Thurs)

~ <u>Artesian Toastmasters Weekly Meeting;</u> 1145 @ MCLBA Warehouse 1360 *Open to "ALL" DoD personnel & family members within the local community!* 

# 01 Feb (Fri)

- ~ Base Movie: Parental Guidance Rated: PG @ 1900.
- ~ Family Readiness Adv./Ass't & LINKS Mentor Training; 1300. FMI call 639-6171.

# MCCS JOB OPENINGS

Exceptional Family Member Program Manager, NF-4 Director, Business Operations, NF-4

Director, Retail, NF-4

To find out more or to apply, visit www.usmc-mccs.org/careers

# "UPCOMING EVENTS – MARK YOUR CALENDARS"

- "Off-Base" Meet & Greet; February 5<sup>th</sup>; 1800 @ Java the Hut. FMI call 639-5591 ~ Come out and meet other spouses within your local community. Make new friends or rekindle previous ones. Coffee/tea and conversation is FREE. You will not be disappointed. Door Prizes will be awarded.
- "SMP Monthly Meeting; February 7<sup>th</sup>; 1500 @ SMP Rec Ctr ~ Calling all Single Marines/Sailors and GEO Bachelors on MCLBA. Attend these meetings and get involved with the planning for upcoming activities/events.
- **Budget for Baby Workshop; February 8**th; **0900** @ **Bldg 7200. Reg. Req. Call 639-5453** ~ Whether it is your first bundle of joy or your last; join Navy Marine Corps Relief Society (NMCRS) in this interactive workshop that empowers attendees to gain a better financial picture of a new addition.
- Daddy/Daughter Dance; February 8<sup>th</sup>; 1800 @ Civic Ctr. Reg. Req. Call 435-1897 ~ This event is especially designed for Daddys & their Daughters to share a special evening of dancing, dining, photos and more. There is a fee. FMI click here.
- Lee County Daddy/Daughter Dance; February 9<sup>th</sup>; 1600 @ Lee County Elementary ~ This event will be divided into three (3) age sessions. Daddys & their Daughters have the opportunity to share a special evening of dancing, photos and more. There is a fee. FMI click here.
- Fun Night Out for Couples & Single Marines; February 15<sup>th</sup>; 1800 @ Base Restaurant. ~ Come out for a night filled with food, fun, friendly activities and more. Prizes to be awarded. See flyer on pg. 3.

# "VOLUNTEER OPPORTUNITIES"

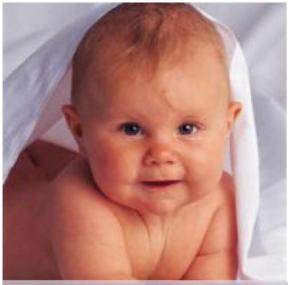
- Volunteers are needed to assist with the upcoming Career & Education Fair on February 27<sup>th</sup>. They are looking for 4 volunteers to set up on Feb. 26<sup>th</sup> and 8 volunteers on the 27<sup>th</sup>. Childcare is FREE. Interested individuals call Nikki @ 639-9122.
- Your local YMCA is looking for volunteer coaches for a variety of youth sports. No experience required; just a positive attitude and a willingness to mentor our youth. FMI call Trey at 436-0531.

For more volunteer opportunities, click here!

# "KNOWLEDGE IS POWER" INFORMATION



- ZINIO; the world's largest newsstand is now available for FREE to you. Click <u>here</u> for more info. or visit your local MCCS Library.
- UniversalClass; offers hundreds of FREE online courses to you. Click <a href="here">here</a> for more info. or visit your local MCCS Library.
- Peterson's is an online resource for all service members and their families to help them plan, prepare and achieve their education and career goals. Find out more click here TODAY!



Workshop hosted by Navy-Marine Corps Relief Society. To register or for more information, please contact Nicole or Heather by email or phone.

229.639.5453



# BUDGET FOR BABY

**February 8, 2013** 

WORKSHOP

0900-1100 @ Bldg. 7200\*

**Building (across Naval Clinic)** 

Registration is required by February 1, 2013

Learn about the financial adjustments associated with a new baby

- Increased expenses
- Pressure from consumers targeting new parents
- Entitlements available through government and private sources

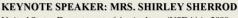
open to all Active Duty, Retirees, and their family
rs. Every participant will receive a FREE baby layette upon

#### ALBANY AREA CHAPTER OF BLACKS IN GOVERNMENT



# BLACK HISTORY

# LUNCHEON



United States Department of Agriculture (USDA) in 2009, served as the Georgia State Director of Rural Development. She was the first black person to hold that position.

THEME: At the Crossroads of Freedom and Equality: The Emancipation Proclamation and the March on Washington

> DATE: FEBRUARY 12, 2013 TIME: 11:30 A.M. - 12:45 P.M.

LOCATION: GRAND BALLROOM, TOWN & COUNTRY RESTAURANT (MCLB)

MENU: BUFFET- ROAST BEEF AND CHICKEN: \$12.50 " EVERYONE IS INVITED TO ATTEND"

> MILITARY - UNIFORM OF THE DAY CIVILIAN BUSINESS ATTIRE

#### TO PURCHASE A TICKET CONTACT:

MR. IRA THOMPSON 639-6212 MS. SHIRLEY RANDLE 639 6357 639-6372 MS. DERRA CAPERS 639-6140 MR. JAMES FLOYD MS, VIRGINIA WILLIAMS 639-6622 MR. ROY ROBERTS 639-8391 MR. BENNIE PAIGE 639-6415 MR. JEFFERY WILSON 639-6889 MR. RODERICK WILLIAMS 639-8836 MS. JULIE DENNISON 639-8709 MR. TERRY WHITAKER MS. ALICE GOSEER-JENKINS 639-6763 431-2122





# Fun Night Out for Couples and **Single** Marines



WHEN: Friday, February 15th, 2013 TIME: 6PM until 10PM



WHERE: Town/Country Restaurant and Single Marine Lounge



WHO: All Active Duty Marines/Spouses and Sailors (Includes ALL Tenant Commands of MCLB)



OTHER INFO: Prize Raffle Giveaways will go to One Couple and one Single Marine



### 5 SELECTED RESTAURANT GRILL COMBO SPECIALS TO BE OFFERED!



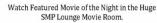
Couples Bowling Competition Free All Night Shoes Only \$1.30 per Person



Pool Tables, Air Hockey Competition



Play XBox360, Playstation, Wii, Card Games, Couples Challenge Competition Games and More!





MOVIE: Taken 2



Childcare will be provided by the CDC: \$4 per child/per hour Contact the CDC @ 229-639-5765 to register



































# Marine & Family Programs

PRESENTS THE 2013



# Career FAIR Education FAIR

www.marineandfamilyservices.com/career 229-639-5426/5276/9122

# Wednesday, February 27

10 a.m. - 2 p.m./Building 7120

(former Band Building) Parking on south side of building

Albany State University
Albany Technical College
American Military University
Ashford University
Darton State College
Grantham University
Troy University
Valdosta State University
University of Phoenix
Trident University International



SAIC
URS
Wyle
Booz Allen Hamilton
Bank of America
Defense Commissary Agency
Georgia Department of Labor
Miller Coors
DAK Resources, Inc.
MCCS
......And many more!!!

Entertainment by LR presents: A Semi-Formal Affair The Hampton's provide: The Hottest Sounds in Southwest GA DJ KID to follow live music at 12:00

February 15

Doors 8:30 pm Live Music 10:00 pm

American Legion Ballroom 2nd Floor

Ticket Prices:

Contact: entertainment.by.lr@gmail.com A Semi-Formal Affair VIP includes: -Champagne

-Chocolate Strawberries -Front Row Seating

> Purchase Tickets: Phillips Men's Wear Cavalier Fashions Athletes Foot



**FOR MILITARY YOUTH 15+** 

#### O BE ELIGBLE YOU MUST BE:

- A child of military servicemembers who are active, retired or reserve
- Obtain parent consent
- 15+ years of age Pass the PRE-TEST on April 19<sup>th</sup> @ 5:30 pm, base pool

#### LIFEGUARD COURSE CLASSES WILL BE A FOUR-DAY TRAINING:

- 20th and 21st April
- 27th and 28th April
- Classes will run 10am-5pm at the

COST IS <u>FREE!!!</u> HOWEVER, ONLY 6 SLOTS ARE AVAILABLE SO REGISTER BY APRIL 5<sup>TH</sup>

For more info or to register, please call Nikki or Marti 229.639.5199

#### **IMPORTANT!**

Pre-test training is required to be eligible to take the class. Pre-test will consist of:

- 300 yard swim, non-stop
- Treading water for 2 minutes
- · Starting in water, swim 20 yards, surface dive 10 feet, retrieve a 10 pound brick and swim back to the side of the pool in under 1 min 40

Female applicants must wear a 1-piece swimsuit for the pre-test.

Pre-test will be held at the base pool Friday, 19th of April at 5:30 pm.







This project was supported by the Governor's Office for Children and Families through state funds from the Georgia General Assert

Marine Corps Officers' Spouses' Club

# 2013 Charity and Scholarship AUCTION

Gather with us for an evening filled with friends, food, cocktails and fun ~ all while bidding on fabulous live and silent auction items. Proceeds benefit local charities and scholarships. Mardi Gras or Casual Attire Recommended

SATURDAY FEBRUARY 23, 2013 6:00PM DOUBLEGATE COUNTRY CLUB 3800 OLD DAWSON ROAD ALBANY, GEORGIA 31721

> TICKETS\$30: https://oscalbanvga.ticketbud.com/osc

> > CONTACT INFO: Betsy Cisek, President PH: 216-835-6464



Email: oscalbanyga@yahoo.com Website: usmcoscalbanyga.webs.com